



# 2015 Eryn Baird

## "Kansas City Splashdown"

*Hosted by KC Swim Academy*

- SANCTION:** Held Under the sanction of Missouri Valley Swimming, Inc., on behalf of USA Swimming, Inc., Sanction Number MV-15-99
- MEET TYPE:** Age Group and Open Timed Finals  
One (1) session Friday  
Two (2) sessions on Saturday  
Three (3) sessions on Sunday
- DATE:** November 6-8, 2015
- LOCATION:** Gladstone Community Center, 6901 N. Holmes Gladstone, MO 64118  
Email: communitycenter@gladstone.mo.us, PH: 816-423-4200
- OFFICIALS:** Referee: Mark Sutton (msuttonswim@gmail.com) PH: 913-706-6036  
Administrative Official: Amy Hoppenrath (ahoppenrath@gmail.com)
- Attending Stroke & Turn Judges from any LSC should come prepared to volunteer their services.
  - Teams attending the meet should contact the Meet Referee with the names of MVS Stroke and Turn Judges who are available through their team.
  - An official's meeting will be held 1 hour prior to each session
- MEET DIRECTORS & ENTRY CHAIR:** Sharese Read (shareseread@hotmail.com ~ 816-392-7842) Meet Director  
Bonnie Boyles (bonnie@kcswimacademy.org ~ 816-805-9483) Meet Director  
Jody Holsinger (913) 269-3962 - jody@aspenswealth.com) Entry Chair
- COURSE:** 25 yard, 8 lane pool with non-turbulent racing lane lines. Horn start, with custom-starting blocks. Pool depth is 6 feet at the starting end, and 4 feet and the turn end. The competition course has not been certified in accordance with 104.2.2C (4). Daktronics Timing System will be used. There is 20 yard, 4 lane cool down pool.
- RULE OF AUTHORITY:**
- 2015 USA Swimming Rules and Regulation and Missouri Valley Swimming Rules govern the meet. MVS Safety Guidelines and Warm-up Procedures will be in effect.
  - MVS Safety Guidelines and and Warm-up procedures will apply.
  - All deck officials must be able to prove, to the satisfaction of the referee, that they hold a current USA Swimming official membership.
  - Exhibition swimming is not allowed.
  - To assure coaches and official adequate visibility of the swimming venue. all spectators, including athletes, are requested to remain four (4) feet or more from the edge of the pool.
  - Each Coach must be able to prove, to the satisfaction of the referee, that they hold a current USA swimming coach membership.
  - All swimmers must be registered and in good standing with USA Swimming for 2015 or 2016.
  - Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
  - Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
  - The swimmer's age on the first day of the meet (Nov 6, 2015) determines his/her age for the entire meet.
  - Any swimmer entered in the meet unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
  - It is understood and agreed that USA Swimming shall be free from any liabilities or claims for

**RULE OF AUTHORITY:** damages arising by reason of injuries to anyone during the conduct of the event.

**DISABILITY SWIMMERS :**

- Athletes with a disability are welcomed and shall provide advance notice of desired accommodations to the Meet Director.
- The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.

**SEEDING:**

- Entry Times are "Yard Times" only.
- NO TIME entries will be seeded in the slowest heats.
- The meet will be pre-seeded based upon entry times. All events will be seeded SLOWEST HEAT TO FASTEST HEAT, except for the 500 Free and 400 IM.
- The meet will be pre-seeded, except the 500 Free and 400IM. Positive check-in is required.
- Heats will be swum fastest to slowest, alternating women then men. Any swimmer that fails to check-in, may be scratched from the event at the discretion of the Meet Referee.
- Swimmers must provide their own timers and counters.

**ENTRIES:**

- FRI: 12-U and Open swimmers are limited to TWO (2) individual events.
- SAT/SUN: Swimmers are limited to FOUR (4) individual events and One (1) Relay (relay can be mixed) each day.
- Entries should be submitted with fees and entry report in word/pdf format, on Hy-Tek file with entry time in yards.
- USA Swimming registration number for all athletes MUST be included with the entries, or they will not be accepted.
- Entries will be limited to the first 700 swimmers, based on date and time entries are received. Teams will not be split. E-mailed HY- TEK zip files will be accepted as described in "ENTRY DEADLINE" below.
- 500 FREE and 400 IM events is limited to the 32 fastest, male & 32 female swimmers for a total of 64 swimmers. Girls and boys may be combined to fill heats in each event. The event will be swum fastest to slowest, alternating gender. Positive check-in is required. Any swimmer that fails to check-in, may be scratched from the event at the discretion of the Meet Referee. Swimmers must provide their own timers and counters.
- HYTEK event list download will be available on the Missouri Valley Website.

**ENTRY FEES:** Individual events are \$4.50 per event. Relays are \$7.00 per relay team.  
Make Checks payable to: KC Swim Academy or KCSA.  
Deck entries will be accepted at \$9.00 per individual event, \$14.00 per relay event at the discretion of the referee, and must be turned in 30 minutes prior to the start of the session.

**ENTRY DEADLINE:** Entry Chair must receive entries by 10PM on Tuesday, October 27, 2015.  
All team's entries must include the coach's name and the name and contact information, and that of the team's entry chairperson, if different than the coach.  
ENTRY CHAIR : Jody Holsinger (913) 269-3962 - jody@aspenswealth.com  
***Mail Entry Fees to : Jody Holsinger, 5650 W. 150th St, Overland Park, KS 66223***

**AWARDS:**

- Awards will be awarded for 1st-8th place in all events for 8&under, 10&under, and 11-12. In 12&Under events (e.g., 1-2, 5-6), results and awards will be broken into 10&under and 11-12 age groups even though swum together.
- Awards will be awarded for 1st-3rd place for 8&under, 10&under, and 11-12 in relays. Results will be combined in mixed gender. Relays will be broken down by age group as follows: 12 & Under 200 Mixed Free Relay (10&under, 11-12), 12 & Under 200 Mixed Medley Relay (10&under, 11-12). Results for a relay team will be posted in the age group of the oldest swimmer on the team.
- **FASTEST HUMAN 50 FREE** Medals will be given to the fastest male and female in each age group (8-U, 9/10, 11/12, 13/14, and 15 and Older)
- **ERYN BAIRD 500 FREE** Medals will be awarded for 500 Free to top Male and Female in age groups 12 & Under, 13-14, and 15 and Older.

*Results for distance events (500 Free and 400 IM) will be broken into age groups as follows, even though swum together: 500 Free (12&under, 13-14, 15+) and 400 IM (14&under, 15+).*

**MEET START & WARM UPS:**

Friday PM: Warm-ups: 3:30PM ~ Meet Starts 4:45PM

Saturday AM. Session: Warm-ups: 7:00AM ~ Meet Starts: 8:45AM

Saturday PM Session: Warm ups: No earlier than Noon ~ Meet Starts: No earlier than 1:30PM

Sunday AM. Session: Warm-ups: 7:00AM ~ Meet Starts: 8:45AM

Sunday 8 & Under Session:

Warm-ups 11:30AM in diving well ~ Meet Starts at the conclusion of Session 4 no earlier than 12:15PM

Sunday PM Session: Warm ups beginning in diving well at 12:30PM ~ Meet Starts no earlier than 2PM

**COACHES MEETING:**

At the discretion of the referee, a coaches meeting may be held 15 minutes before the morning sessions.

**WARM-UPS:**

- Coaches will be notified via email of warm-up lanes and times prior to the meet.
- Warm ups maybe split and will have assigned lanes and times for the sessions. These assignments will be determined after entries are received.
- At the discretion of the Meet Referee, warm up times may be changed to reflect the number of swimmers entered on any given day.
- Swimmers may not dive into the pool during general warm-up. Swimmers must enter the pool by stepping in feet first, or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in the disqualification from one or more of the swimmer's events for that session at the discretion of the Meet Referee.
- When using the diving well for warming up or down during the meet, swimmers shall not perform racing starts and must circle swim.
- Coaches shall continually supervise their swimmers during all warm up sessions. Swimmers or coaches not following the prescribed warm up procedures or directions of marshals or USA Swimming officials may be barred from use of the warm up area.
- Swimmers may dive during designated and announced, sprint warm-ups

**LOCKER ROOMS and CHANGING:**

- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

**SWIM APPAREL:**

SwimQuik will be available for swimwear and sportswear throughout the meet

**CONCESSIONS:**

Full concessions will be available during the meet

**FINAL RESULTS of MEET:**

- At the conclusion of the final session, copies of the meet results will be available for any coach who provides a USB memory stick.
- Final results will be posted on the Missouri Valley website and may include the swimmer's name, age, times, and USA Swimming number.

**CLERK OF COURSE:**

FRI/ SAT/SUN: Metal Bleachers near Blocks

**SEATING/CRASH AREA:**

- Spectators will occupy the concrete stands, on the WEST side of the pool. Swimmers must crash on the metal stands on the EAST side of the pool, where the coaches are.
- No tape, no chairs and no coolers will be permitted in the Pool / Spectator Areas

## ORDER OF EVENTS : DAY 1

Friday Afternoon Session #1, November 6, 2015 - Meet Starts at 4:45PM

GIRLS	EVENTS	BOYS
1	12 & Under 200 FREE	2
3	Open 200 FREE	4
5	12 & Under 200 IM	6
7	Open 200 IM	8
<b>**BREAK**</b>		
GIRLS		BOYS
9	*Open 500 FREE	10

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## ORDER OF EVENTS : DAY 2

Saturday Morning Session #2, November 7, 2015 - Meet Starts at 8:45AM

GIRLS		BOYS
11	10 & Under 100 Free	12
13	11-12 100 Free	14
15	10 & Under 50 Fly	16
17	11-12 50 Fly	18
19	10 & Under 50 Back	20
21	11-12 50 Back	22
23	10 & Under 100 Breast	24
25	11-12 100 Breast	26
MIXED		
27	12 & Under 200 Mixed Medley Relay	

*The MIXED Relays can have any combination of boys and girls in the Relay*

Saturday Afternoon Session #3, November 7, 2015 - Meet Starts no earlier than 1:30PM

MIXED	EVENTS	
28	Open 200 Mixed Medley Relay	

*The MIXED Relays can have any combination of boys and girls in the Relay*

GIRLS		BOYS
29	Open 200 Back	30
31	13-14 100 Free	32
33	Open 100 Free	34
35	13-14 100 Fly	36
37	Open 100 Fly	38
39	Open 200 Breast	40

**\*\*BREAK\*\***

GIRLS		BOYS
41	*Open 400 IM	42

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