

Missouri Valley Requirements for New Coaches

1. [Read USAS Coaches Safety Curriculum on MO Valley's Website](#)
2. Get Certified in Safety Training, CPR, First Aid – see MO Valley Website on details for each course [“USA Swimming Coaches Safety Curriculum: Requirements & Equivalents”](#) – check with your team to see if they currently schedule annual recertification of these courses.
3. Initiate a background screen - **All Missouri Valley coaches must initiate a background screen.** For more information and instructions for initiating this required background check, see the [USAS announcement](#). Once you have reviewed the information, go to the [USAS Background Screening website](#) to initiate your background screen.

First Year Educational Requirement for Coaches – Missouri Valley Swimming

Article 501.7.4: "All coaches of USA Swimming clubs, including seasonal clubs, who register for the first time as a coach member, shall complete coaches' education required by USA Swimming prior to receiving their coach membership for the second year."

This educational requirement is in addition to the safety requirements described above. Within 4-12 weeks after the LSC Membership Chair processes the membership application, first year coaches will receive a packet containing information about the educational requirement and an order form for course materials. Upon successful completion of the requirement, the coach will receive a letter from the American Swim Coaches Association (ASCA). The letter must be shown to the LSC Membership Chair prior to registering for the second year of coaching with USA Swimming.

[New Coach Requirements - Frequently Asked Questions](#) / [Missouri Valley News for Coaches](#)

Information on Required Exam for Newly Registered Coaches and How to Become a New USA Coach

All newly registered USA Swimming Coaches in Missouri Valley Swimming are reminded that they must successfully complete the USS Level 1 Foundations of Coaching Test. This exam is comprised of multiple choice questions and can be completed online at no cost by going to the ["Coaches" section of the USA Swimming website](#). Once you have successfully completed the test, your results will be automatically forwarded to the MVS Office.

In order to take the "Foundations of Coaching Test" you must have an account with USA Swimming. If you have not created an account, you can do so by registering on this [page](#). Once your account has been created, go to this [page](#) which will take you to directions for logging in and accessing the test.

ALL COACH MEMBERS OF USA SWIMMING MUST BE IN COMPLIANCE WITH THE ABOVE REQUIREMENTS FOR THE COACH AND CLUB TO MAINTAIN INSURANCE PROTECTION.